

Main Pool Schedule - WINTER/SPRING 2025 (Jan 18-Jun 6)

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
6-7am		5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	
7-10 am	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim
10 -12pm	4 Lanes Lap Swim (*10-11:55)	5 Lanes Lap Swim	3 Lanes Lap Swim + 2 Lanes Aqua Aerobics	5 Lanes Lap Swim	3 Lanes Lap Swim + 2 Lanes Aqua Aerobics	5 Lanes Lap Swim	4 Lanes Lap Swim/ 1 Lane Family Swim
12-1:30		5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	3 Lanes Lap Swim + 2 Lanes Aqua Aerobics	4 Lanes Lap Swim/ 1 Lane Family Swim
1:30-2pm	2 Lanes Family Swim + Swim School lessons	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	3 Lanes Lap Swim + 2 Lanes Aqua Aerobics	5 Lanes Lap Swim
2-2:30pm	2 Lanes Family Swim + Swim School lessons	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim
2:30 -3:15 pm	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim
3:15-6pm	4 Lanes Lap Swim					4 Lanes Lap Swim	4 Lanes Lap Swim
6-7:30pm	5 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim/ 1 Lane Family Swim	5 Lanes Lap Swim
7:30-8:30pm	5 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim
8:30-9:30 pm		5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	

Blackout times are reserved for swim school, registered programming, and maintenance.

Reservations are required for Aqua Aerobics. For help, please contact personalservice@mmjccm.org

Pool Hours of Operations: Mon-Fri: 6 am-9:30 pm | Sat-Sun: 7 am-8:30 pm

[Pool Rules + Etiquette](#)