

**Main Pool- Interim Fall Schedule (Aug 17- Sep 8)**

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
6-7 am		5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	
7-10:30 am	5 Lanes Lap Swim (*7-10 am)	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim
10:30 -12 am	4 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	4 Lanes Lap Swim/ 1 Lane Family Swim
12-1 pm	4 Lanes Lap Swim	5 Lanes Lap Swim	4 Lanes Lap Swim	5 Lanes Lap Swim	4 Lanes Lap Swim	5 Lanes Lap Swim	4 Lanes Lap Swim/ 1 Lane Family Swim
1-5 pm	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim
5-6 pm	4 Lanes Lap Swim/ 1 Lane Family Swim	4 Lanes Lap Swim/ 1 Lane Family Swim	4 Lanes Lap Swim	4 Lanes Lap Swim/ 1 Lane Family Swim	4 Lanes Lap Swim	4 Lanes Lap Swim/ 1 Lane Family Swim	5 Lanes Lap Swim
6-7:30 pm	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim
7:30-8:30	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim
8:30-9:30 pm		5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	

Reservations are required for Aqua Aerobics. For help, please contact [personalservice@mmjccm.org](mailto:personalservice@mmjccm.org)

Pool Hours of Operations: Mon-Fri: 6 am-9:30 pm | Sat-Sun: 7 am-8:30 pm

[Pool Rules + Etiquette](#)