

Main Pool- Summer Schedule (Jun 20 - Aug 15)

| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------|---|--|-------------------------------------|--|-------------------------------------|--|---|
| 6-7 am | | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | |
| 7-10:30 am | 5 Lanes Lap Swim (*7-10 am) | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim |
| 10:30 -12 am | 4 Lanes Lap Swim | CAMP (2 lanes) + Lap Swim (3 lanes) | CAMP (2 lanes) + Lap Swim (3 lanes) | CAMP (2 lanes) + Lap Swim (3 lanes) | CAMP (2 lanes) + Lap Swim (3 lanes) | CAMP (2 lanes) + Lap Swim (3 lanes) | 4 Lanes Lap Swim/ 1 Lane Family Swim |
| 12-1 pm | 4 Lanes Lap Swim | 3 Lanes Lap Swim + 2 Lanes Aqua Aerobics | 4 Lanes Lap Swim | 3 Lanes Lap Swim + 2 Lanes Aqua Aerobics | 4 Lanes Lap Swim | 3 Lanes Lap Swim + 2 Lanes Aqua Aerobics | 4 Lanes Lap Swim/ 1 Lane Family Swim |
| 1-5 pm | 4 Lanes Lap Swim | 4 Lanes Lap Swim | 4 Lanes Lap Swim | 4 Lanes Lap Swim | 4 Lanes Lap Swim | 4 Lanes Lap Swim | 4 Lanes Lap Swim |
| 5-6 pm | 4 Lanes Lap Swim/ 1 Lane Family Swim | 4 Lanes Lap Swim/ 1 Lane Family Swim | 4 Lanes Lap Swim | 4 Lanes Lap Swim/ 1 Lane Family Swim | 4 Lanes Lap Swim | 4 Lanes Lap Swim/ 1 Lane Family Swim | 5 Lanes Lap Swim |
| 6-7:30 pm | 5 Lanes Lap Swim | 4 Lanes Lap Swim | 4 Lanes Lap Swim | 5 Lanes Lap Swim | 4 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim |
| 7:30-8:30 | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim |
| 8:30-9:30 pm | | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | 5 Lanes Lap Swim | |

Reservations are required for Aqua Aerobics. For help, please contact personalservice@mmjccm.org

Pool Hours of Operations: Mon-Fri: 6 am-9:30 pm | Sat-Sun: 7 am-8:30 pm

[Pool Rules + Etiquette](#)