

Main Pool Fall Schedule (Sep 10-Jan 15)

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
6-7 am		5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	
7-10 am	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim
10 am-noon	4 Lanes Lap Swim	5 Lanes Lap Swim	3 Lanes Lap Swim + 2 Lanes Aqua Aerobics	5 Lanes Lap Swim	3 Lanes Lap Swim + 2 Lanes Aqua Aerobics	5 Lanes Lap Swim	4 Lanes Lap Swim/ 1 Lane Family Swim
noon-1:30 pm		5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	3 Lanes Lap Swim + 2 Lanes Aqua Aerobics (noon- 2pm)	4 Lanes Lap Swim? 1 Lane Family Swim
1:30-2:30 pm	2 lanes Family Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	3 Lanes Lap Swim + 2 Lanes Aqua Aerobics (noon- 2PM)	5 Lanes Lap Swim
2:30-3 pm	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim
3-3:30 pm	4 Lanes Lap Swim	2 Lanes Family Swim	2 Lanes Family Swim	2 Lanes Family Swim	2 Lanes Family Swim	4 Lanes Lap Swim	4 Lanes Lap Swim
3:30-6 pm	4 Lanes Lap Swim					4 Lanes Lap Swim	4 Lanes Lap Swim
6-7 pm	5 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim/ 1 Lane Family Swim	5 Lanes Lap Swim
7-8:30 pm	5 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	4 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim
8:30-9:30 pm		5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	5 Lanes Lap Swim	

Blackout times are reserved for swim school, registered programming, and maintenance.

Reservations are required for Aqua Aerobics. For help, please contact personalservice@mmjccm.org

Pool Hours of Operations: Mon-Fri: 6 am-9:30 pm | Sat-Sun: 7 am-8:30 pm

[Pool Rules + Etiquette](#)