

## **Full Bio for Alison Estabrook, M.D.**

Alison Estabrook, M.D., currently associated with Radnet, was formerly chief of the Comprehensive Breast Center, Mount Sinai West, in New York City. She is a professor of surgery at Icahn School of Medicine at Mount Sinai. She attended Barnard College, where she graduated cum laude with a degree in biology. She earned her medical degree from New York University, Grossman School of Medicine, where she now has a named professorship. She completed her residency in surgery at Columbia University Medical Center.

Following her residency, Dr. Estabrook stayed on at Columbia, where she became chief of the Breast Surgery Service in 1991. She was named the division chief for breast surgery at Roosevelt (now Mount Sinai West) in 1998, where she built a comprehensive breast service in which genetics, psychiatry, and complementary medicine are fully represented. She is also the co-founder of the Women at Risk program, which offers medical care to women who are at the highest risk for the development of breast cancer because of family history, lobular carcinoma in situ, or gross cystic disease. Dr. Estabrook has been the co-principle investigator on 3 NIH grants. She also began a Breast Fellowship Program in 2002; 33 Breast Fellows have graduated from the Mount Sinai West/Mount Sinai Beth Israel program in that time, and the 34th will graduate in August 2021.

Dr. Estabrook is a member of many local and national breast groups, including the New York Metropolitan Breast Cancer Group, the American Society of Breast Disease, American Society of Breast Surgeons, American Society of Clinical Oncology, and the Society of Surgical Oncology. She served on the Commission on Cancer for 10 years (1996-2006). She was the chairman of the Science Advisory Council at Barnard College from 2002 to 2006, and was on the Barnard Board of Trustees until 2014. Dr. Estabrook is the author of over 50 scientific articles and book chapters, and has lectured nationally and internationally. She has been featured New York Magazine's "Top Doctors in New York" every year from 1991 to 2018. She is also listed in Castle Connelly's "Top Doctors for Cancer." She has appeared on local and national television news discussing issues from breast cancer genetics to breast cancer surgical options.

Dr. Estabrook's research interests include serum markers for breast cancer, ductal carcinoma in situ, sentinel node biopsy, and the genetics of breast cancer. Her clinical interests include personalized treatment of women with breast cancer, which means working with a team of radiologists, pathologists, genetic counselors, plastic surgeons, medical oncologists, and radiation oncologists. She is also interested in nipple-sparing mastectomy techniques and works closely with the team's plastic surgeons. She is the creator of the extensive supportive care program at the Marlene Meyerson JCC Manhattan, which includes massage, yoga, water exercise, and nutrition programs for breast cancer survivors.

## **Training + Faculty Appointments**

### **Faculty Appointment**

Professor of Surgery  
Mount Sinai-Icahn School of Medicine

### **Medical School**

New York University, Grossman School of Medicine, 1978

### **First Residency**

Surgery  
New York-Presbyterian/Columbia University Medical Center  
New York, NY 1979-1984\*

### **First Fellowship**

Surgical Oncology  
New York-Presbyterian/Columbia University Medical Center  
New York, NY 1981-1982\*

## **Additional Recognitions and Publications:**

**Exceptional Women In Medicine:** 2019

**America's Top Doctors (book series):** 14th Edition, 13th Edition, 12th Edition, 11th Edition, 10th Edition, 9th Edition, 8th Edition, 7th Edition, 6th Edition, 5th Edition, 4th Edition, 3rd Edition, 2nd Edition, 1st Edition

**America's Top Doctors (digital guide):** 2019, 2018, 2017, 2016

**America's Top Doctors for Cancer (book series):** 10th Edition, 9th Edition, 8th Edition, 7th Edition, 6th Edition, 5th Edition, 4th Edition, 3rd Edition, 2nd Edition, 1st Edition

**America's Top Doctors for Cancer (digital guide):** 2019, 2018, 2017, 2016

**Top Doctors: New York Metro Area (book series):** 18th Edition, 17th Edition, 16th Edition, 15th Edition, 14th Edition, 13th Edition, 12th Edition, 11th Edition, 10th Edition, 9th Edition, 8th Edition, 7th Edition, 6th Edition, 5th Edition

**Top Doctors New York Metro Area (digital guide):** 2019, 2018, 2017, 2016

## **Partner Publications:**

**New York Magazine Top Doctors:** 2018, 2017, 2016, 2015, 2014, 2013, 2012, 2011, 2010, 2009, 2009, 2008, 2007, 2006, 2005, 2004, 2003, 2002

**Newsweek:** 2015