



Tue, Dec 24-Wed, Jan 1

Christmas Eve, Tue, Dec 24
Health Club Hours: 5:30 am-6 pm
Pool Hours: 5:30 am-5:30 pm

Adults Only: 5:30-10:30 am
Adult/Family Swim: 10:30-4:30 pm
Adults Only: 4:30-5:30 pm*

Christmas Day, Wed, Dec 25
Health Club Hours: 8 am-6 pm
Pool Hours: 8 am-5:30 pm

Adults Only: 8-11 am
Adult/Family Swim: 11 am-4:30 pm
Adults Only: 4:30-5:30 pm*

New Year's Eve, Tue, Dec 31
Health Club Hours: 5:30 am-6 pm
Pool Hours: 5:30 am-5:30 pm

Adults Only: 5:30-10:30 am
Adult/Family Swim: 10:30-4:30 pm
Adults Only: 4:30-5:30 pm*

New Year's Day, Wed, Jan 1
Health Club Hours: 9 am-6 pm
Pool Hours: 9 am-5:30 pm

Adults Only: 9 am-11 am
Adult/Family Swim: 11 am-4:30 pm
Adults Only: 4:30-5:30 pm*
Pool open for fitness + pool members

For our holiday group exercise schedule, visit jccmanhattan.org/hours.

*4:30-5:30 pm in the training pool is *Calm Rehabilitative Time*.