

# LUNCH



# MENU

	MON	TUE	WED	THU	FRI
WEEKS 1 + 5	Grilled Cheese + Grilled Vegetables	Spaghetti + Meatballs	Pizza	Chicken Fajitas + Rice	Mac + Cheese + Roasted Vegetables
WEEKS 2 + 6	Fish Sticks + Sweet Potatoes	BBQ + Couscous	Pizza	Pasta with Meat Sauce	Breakfast for Lunch
WEEKS 3 + 7	Vegetable + Cheese Quesadillas	BBQ Wings + Brown Rice	Pizza	Chicken + Vegetable Lo Mein	Ravioli + Roasted Vegetables
WEEKS 4 + 8	Baked Ziti + Grilled Vegetables	Teriyaki Chicken + Quinoa	Pizza	BBQ + Rice	Fish Sticks + Sweet Potatoes

- **Daily Salad Bar** includes a variety of proteins and vegetables such as lettuce, corn, eggs, peppers, tomatoes, tuna, edamame, etc.
- **Daily Sandwich + Pasta Bar**
- **Daily Fresh Fruit + Cooked Vegetables**

*We are a nut-aware camp. We do not serve any products containing nuts.  
Please contact the camp office regarding other food allergies.  
No trans fats served at camp. Menu is subject to change.*